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November 9, 1999

VIA EXPRESS MAIL

BOX PATENT APPLICATION

Assistant Commissioner for Patents
Washington, D.C. 20231

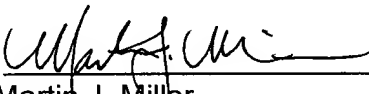
TRANSMITTAL OF PATENT APPLICATION

Dear Sir:

Transmitted herewith for filing is the patent application of:

Inventor(s): Jack B. Stubbs
Kevin L. Schwieger
Title: EXERCISE MONITORING SYSTEM AND METHODS
Drawings: 12 Sheets
Papers Enclosed: Specification, 58 Claims and Abstract (Total of 59 Pages);
Verified Statement Claiming Small Entity Status; and Return
Receipt Postcard
Attorney Docket No.: 24278-1

Respectfully submitted,
DINSMORE & SHOHL LLP

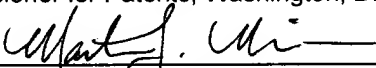
By 
Martin J. Miller
Registration No. 35,953

CERTIFICATE OF EXPRESS MAIL

"Express Mail" mailing label number: EL 441565630US

Date of Deposit: November 9, 1999

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